

PAP Cleaning & Replacement Guide*

Recommended cleaning solution: Warm drinking quality water and unscented mild soap

SUPPLIES	HOW TO	FREQUENCY	REPLACEMENT
MASK FRAME	Hand wash with cleaning solution. Rinse thoroughly and allow to air dry.	Daily	1 per 3 months
NASAL CUSHIONS/PILLOWS	Wipe down with a damp cloth daily. Hand wash with cleaning solution weekly.	Daily/Weekly	2 per 1 month
FULL FACE CUSHION	Wipe down with a damp cloth daily. Hand wash with cleaning solution weekly.	Daily/Weekly	1 per 1 month
TUBING	Run cleaning solution through tubing. Rinse thoroughly with warm water and hang to air dry.	Weekly	1 per 3 months
DISPOSABLE FILTERS	Check filters weekly and brush off any build up.	Weekly	2 per 1 month
REUSABLE FOAM FILTERS	Check filters weekly and rinse with cleaning solution. Allow filter to air dry.	Weekly	1 per 6 months
CHINSTRAP	Hand wash with cleaning solution. Rinse thoroughly and allow to air dry.	Weekly	1 per 6 months
WATER CHAMBER	Empty and replace distilled water daily. Wash with cleaning solution weekly. Rinse thoroughly and allow to air dry with lid open.	Daily/Weekly	1 per 6 months
PAP MACHINE	Exterior only: Wipe down with damp cloth.	Weekly	Every 5 years

Once the equipment is completely dry, reassemble it and return to use.

**This replacement schedule is based on original Medicare guidelines.
Other insurance plans may follow these guidelines as a covered replacement schedule.*