

## PAP Cleaning & Replacement Guide\*

**Recommended cleaning solution:** Warm drinking quality water and unscented mild soap

SUPPLIES	HOW TO	FREQUENCY	REPLACEMENT
<b>MASK FRAME</b>	Hand wash with cleaning solution. Rinse thoroughly and allow to air dry.	Daily	1 per 3 months
<b>NASAL CUSHIONS/PILLOWS</b>	Wipe down with a damp cloth daily. Hand wash with cleaning solution weekly.	Daily/Weekly	2 per 1 month
<b>FULL FACE CUSHION</b>	Wipe down with a damp cloth daily. Hand wash with cleaning solution weekly.	Daily/Weekly	1 per 1 month
<b>TUBING</b>	Run cleaning solution through tubing. Rinse thoroughly with warm water and hang to air dry.	Weekly	1 per 3 months
<b>DISPOSABLE FILTERS</b>	Check filters weekly and brush off any build up.	Weekly	2 per 1 month
<b>REUSABLE FOAM FILTERS</b>	Check filters weekly and rinse with cleaning solution. Allow filter to air dry.	Weekly	1 per 6 months
<b>CHINSTRAP</b>	Hand wash with cleaning solution. Rinse thoroughly and allow to air dry.	Weekly	1 per 6 months
<b>WATER CHAMBER</b>	Empty and replace distilled water daily. Wash with cleaning solution weekly. Rinse thoroughly and allow to air dry with lid open.	Daily/Weekly	1 per 6 months
<b>PAP MACHINE</b>	Exterior only: Wipe down with damp cloth.	Weekly	Every 5 years

Once the equipment is completely dry, reassemble it and return to use.

*\*This replacement schedule is based on original Medicare guidelines.  
Other insurance plans may follow these guidelines as a covered replacement schedule.*